



# “Who Am I?”

a one-day spiritual retreat

with

**Swami Bodhananda Saraswati**

**Saturday, August 9, 2008**

**9:30 a.m. – 5:30 p.m.**

at

**Whispering Oaks**

**23560 Western Ave.**

**Park Forest, IL 60466**

**Information: (708) 503-0178**

**Swami Bodhananda** is a master of Vedanta. Swamiji has been teaching Vedanta and meditation for over 30 years in India, Europe and America. His spiritual wisdom, insights, superb teaching, and ability to translate Eastern philosophy for the Western mind, create a memorable and spiritually elevating retreat. Swamiji is the spiritual director and founder of The Sambodh Society, Inc. The Sambodh Center for Human Excellence (SCHE), Swamiji's first ashram in America, celebrated its first anniversary this past June and is located in Kalamazoo, Michigan. The Sambodh Society, Inc obtained non-profit religious status in the Spring of 1998. Today, the Sambodh Society has over a thousand well-wishers across the U.S. who enjoy Swami Bodhananda's spiritual teaching and contribute to the functioning and growth of his organization.

**Registration: Write to [WhisperingOakes11@aol.com](mailto:WhisperingOakes11@aol.com)**

**or Phone: (708) 503-0178 (IL) or (269) 327-3774 (MI)**

**Cost: \$101 – Includes Vegetarian Lunch & “Who Am I?” Writer’s Journal**

**DESCRIPTION:** Who Am I? All human enquiries begin with two questions: “What is this world?” and “Who am I?” Both these questions are founded on daily experiences. The world is ever-changing, and underpinning the world experiences is the never-changing “I experience.” Material Scientists become involved in answering the first question, but they have no clue about the second question. The sages of yore preoccupied themselves with the question: “Who Am I?” Long years of observation and meditation brought them to the realization that the true human being is the Spirit, more than just the body-mind-memory complex. Swami Bodhananda walks us through the labyrinth of life to the core of Truth as we probe deeply into: “Who am I?”

**Sessions include:** Meditation; “Who Am I?” discourses by Swami Bodhananda;

“Journeying through Journaling” with Charlene Michel, DN,

“Walking Meditation” with Ruth Harring, Ph.D.

A Day of Inner Exploration, Guided Group Discussion and Spiritual Fellowship

## **Registration Form**

Copy, print and mail in this form along with your payment to the address given below.

Name: \_\_\_\_\_

Participant 2: \_\_\_\_\_

Email Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip Code \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_

Check Enclosed for \$ \_\_\_\_\_ Retreat Registration

**Send registration form and checks payable to: Charlene Michel D.N.**

**23560 Western Ave. Park Forest, IL 60466**

**Deadline for Registration: Monday, August 4, 2008**